

Jane Scrunchie

This pattern will use $\frac{1}{2}$ " seams throughout instead of the usual $\frac{1}{2}$ " seam allowance

Jane - Fabric requirements:

Fabric We Recommend:

Cotton, Lightweight Cotton, Cotton Blends, Lightweight Denim, Linen, Linen blends, Batiks, Double Gauze...

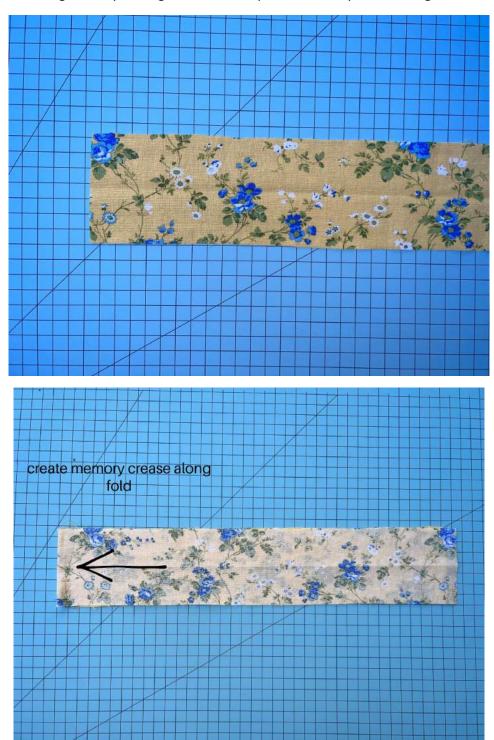
<u>Supply List:</u> Safety Pin, 7.5" of $\frac{1}{4}$ " non roll elastic, Scissors, matching thread, Sewing pins, Fabric 1/8 yd-1/4yd



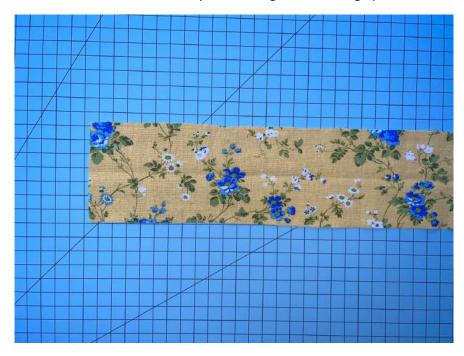
Welcome to The Jane Scrunchie tutorial. This is a great tutorial for beginners and great for busting scraps. This tutorial will walk you through how to sew straight edges, sew curved edges, create turning gaps, and how to feed elastic through a casing. This pattern will become a true staple in your stash. With multiple variations you will be sure to create a matching accessory for any occasion. This pattern is great for all ages and all styles. Don't be afraid to get creative and happy sewing!



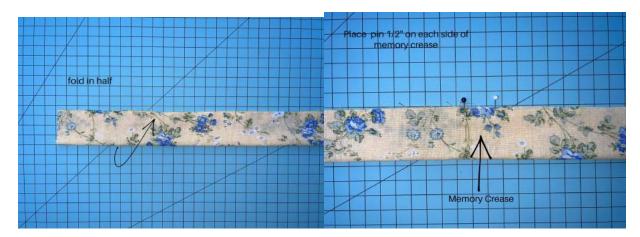
1. Place your Jane Scrunchie main with right sides facing up. Fold your main in half matching the short raw edges. Use your finger or an iron to press a memory crease along the fold.



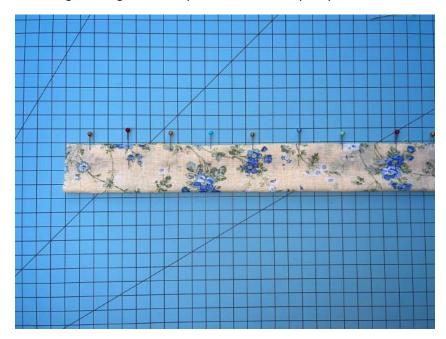
2. Unfold your Jane scrunchie main now and lay flat with right sides facing up.



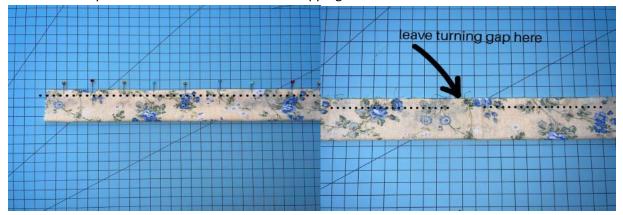
3. Fold your Jane Scrunchie main with right sides facing lengthwise. Match up the long raw edges. Place a pin $\frac{1}{2}$ " on either side of the memory crease you created in step 1. This 1" area along the long raw edges will not get sewn in the next step.



4. Pin along the entire long raw edges. Do not pin between the 2 pins you have in the center.



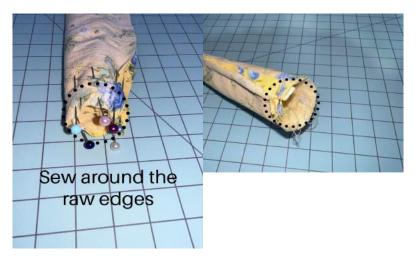
5. Sew with 1/4 " seam allowance along the pinned edge. You will need to leave a 1" turning gap between the two pins on either side of the memory crease. Remember to back stitch at the beginning and the end. To create a turning gap you will begin sewing a straight seam then stop at the first pin beside the memory crease back stitch. Lift your presser foot then reposition the scrunchie main 1" past where you stopped – lower the presser foot then begin sewing again starting with a back stitch. Continue until you reach the end of the seam – stopping with a back stitch



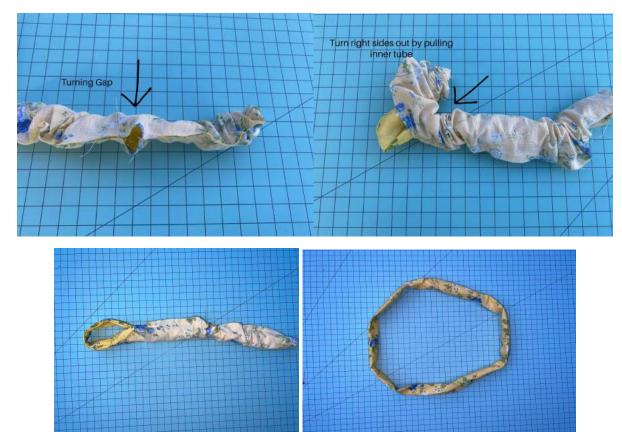
6. Pin the safety pin to one end of the tube you just created. Feed the safety pin through the tube. To feed the safety pin with the fabric attached through the tube you will point the top of the safety pin towards the inside of the tube then begin to slide it through. You will be able to feel the safety pin through the fabric. Do not turn the tube completely. You will only pull the safety pin until the raw edges of each short end meet. They should be right sides together at this point. Align the raw edges with the seams matching. Make sure that you have not twisted your tube.



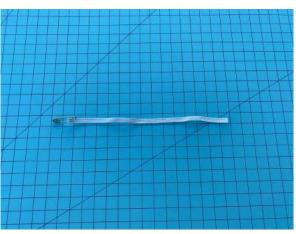
7. Pin the raw edges together then sew. Be sure to start and stop with a backstitch. You will want to make sure that you have only pinned the right sides together of the 2 layers of fabric. You will not be pinning all layers of fabric together. If you sew all 4 together at this point you will not be able to complete the upcoming step. *A zipper foot may help with this seam*

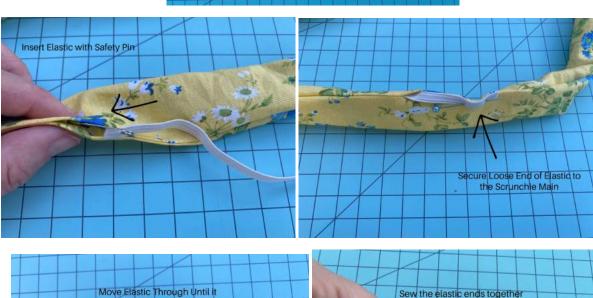


8. Now you will need to locate the 1" turning gap you created. Reach into the gap and begin to pull part of the tube with the right side showing. You will pull until you have a large ring. Right sides should be showing all around during this step.



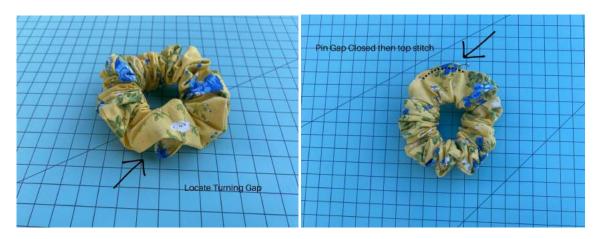
9. Locate the 1" gap you just used to pull your fabric through. Get your 7.5" of %" non roll elastic and attach the safety pin to one end. You will now begin to feed the elastic through the inside of the tube. To feed the elastic through you will insert the safety pin with the elastic attached into the turning gap. You will pull until the elastic comes out of the turning gap again. You will want to secure the tail of the elastic that is not attached to the safety pin to the Jane Scrunchie main with a straight pin to ensure that it does not go into the tube. You do not want the loose tail of the elastic to go into the tube during this step. Make sure that your elastic is not twisted then sew together. Make sure that you backstitch to ensure your elastic does not come apart.







10. Once you have your elastic sewn together you will gently tug on the scrunchie you have just created to spread out the gathers and hide the elastic ends. Find the 1" turning gap then pin closed and top stitch. To create a top stitch you will want to make sure that the seam allowance from the turning gap it turned under. Use straight pins to secure the opening. Place the *now pinned closed* turning gap under the presser foot and sew as close to the (open) edge as possible. Start and stop with a back stitch. You should only top stitch the turning gap — not the entire scrunchie edge. *you may also hand stitch this area closed*



Congratulations, you have just created the Jane scrunchie! Is plane Jane not your thing? No worries! We have variations that you can attach to create the scrunchie of your dreams.



How to Choose Variations: Simple Bow, Multicolor Bow, Short Bow, Long Tail Bow

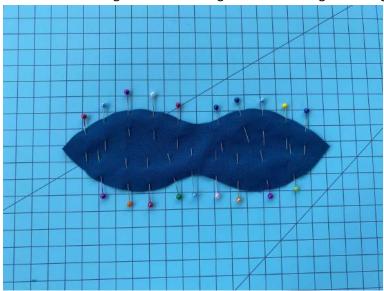
Variation 1 will allow you to add a 'Short Bow'

Variation 2 will allow you to add a 'Simple Bow/Multicolor Bow'

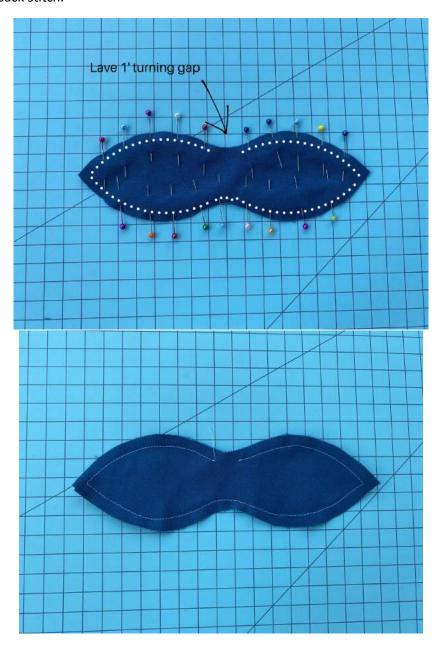
Variation 3 will allow you to add 'Long Tail Bow'

Variation 1: Short Bow

11. Place your short bow mains together with the right sides touching. Pin along all raw edges.



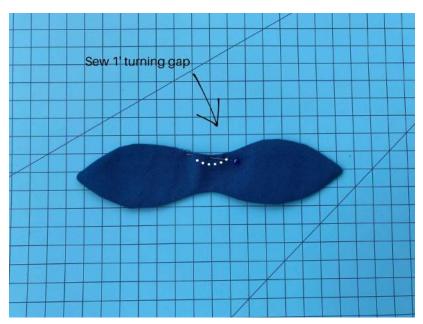
12. Sew with a $\frac{1}{2}$ ' seam allowance all the way around leaving a 1" turning gap along the deep curve in the center. When sewing around curves take your time and lift the pressure foot and adjust the fabric with the needle down often. When you get to the point you will leave the needle down, lift the presser foot and adjust the fabric, put the presser foot back down and continue sewing. Start and stop all stitches with a back stitch.



13. Trim your curves (also referred to as creating notches). To trim the curves you will cut into the seam allowance at an angle until you create a triangle. (Refer to Photo Below) *Make sure that you do not snip into your seam thread*



14. Use your 1" turning gap to turn your bow tie right-sides out. You may use a tool to poke out your corners at this point from inside of the small bow. Press your bow-tie flat and pin the turning gap closed. Use a top stitch to close this turning gap. (add photo pointing corners)

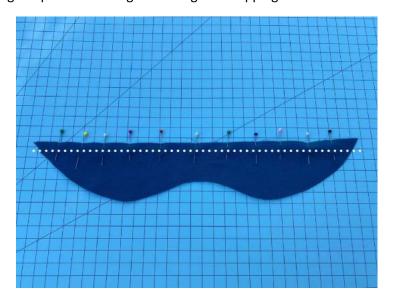


15. You may now attach the bow tie to your scrunchie with a single knot. Pull on the scrunchie beneath the knot to reduce volume below the knot. You may now adjust your bow tails as desired.

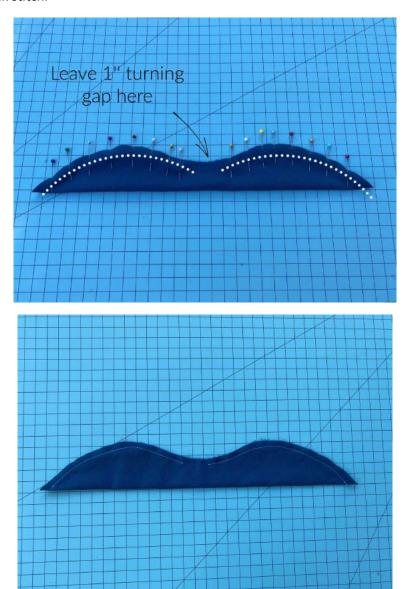


Variation 2: Simple Bow/Multicolor Bow - For the Simple bow skip to step 17

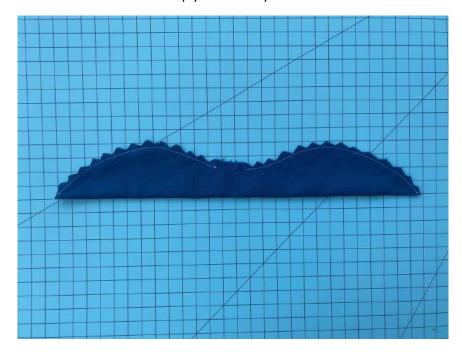
16. For Simple Bow skip to step 17. Start here for the Multicolor option. Place Multicolor bow main and lining together with the right sides facing each other. Pin along the straight edge. Sew with ''seam along the pinned raw edge. Starting and stopping with a back stitch.



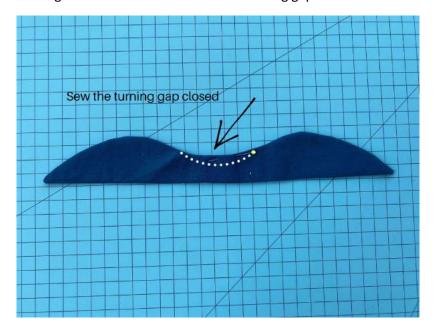
17. Fold your Long Bow main with the right sides together lengthwise. Pin along the curved raw edge. Sew with a χ'' seam allowance along the raw edge. You will leave a 1" turning gap. Start and stop all stitches with a back stitch.



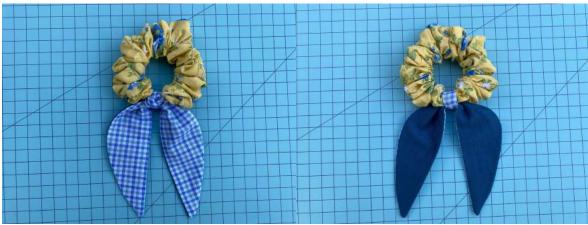
18. Cut notches into the curves. This will help your bow lay flat.



19. Turn the bow right sides out. Press flat. Pin the turning gap and sew closed with a top stitch.

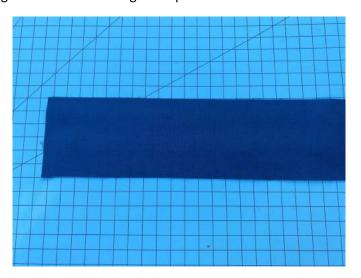


20. Attach the bow by securing it to the finished scrunchie with one knot. You may stretch the scrunchie out below the knot to reduce volume. Adjust as desired.

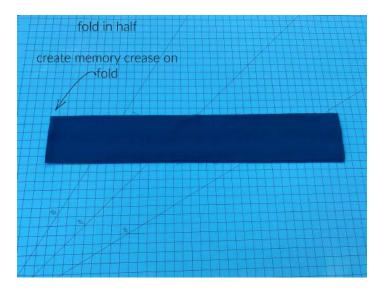


Variation 3 Long Tail Bow

21. Start with your Long Tail Bow main wrong side up.



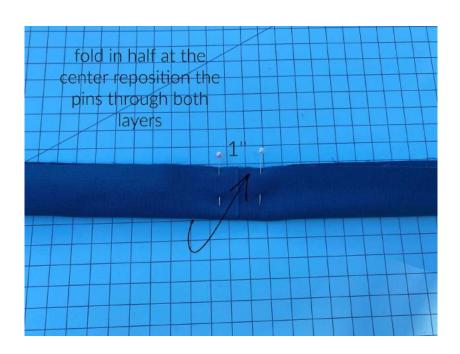
22. Fold Long Tail Bow main in half with wrong sides touching. Create a memory crease along the fold.



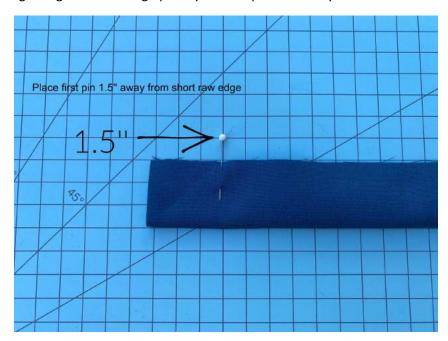
23. Open the Long Tail Bow main. Find the memory crease in the center and place a pin 1" on either side of it



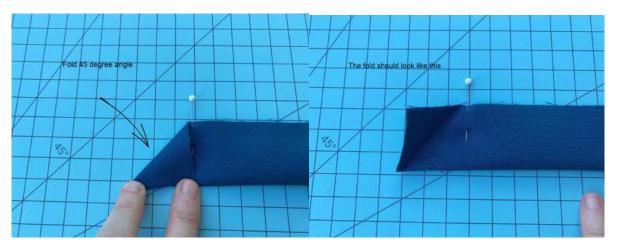
24. Fold the Long Tail Bow main in half lengthwise at the center. Reposition the 2 pins you placed in the last step so that they go through both layers



25. Now at the beginning short raw edge place your first pin 1.5" away from the short raw edge.



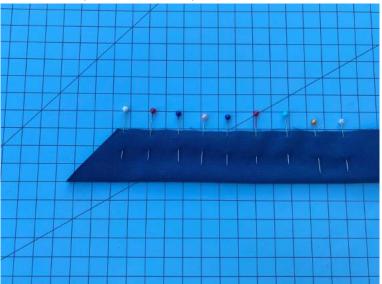
26. For angled edges – you will now fold a 45 degree memory crease along the corner with the highest point on the fold. You may set this crease with your finger or an iron. The top corner should fold down towards the folded edge. The corner should hit the folded long edge at 1 %". The edge of the fold should match the edge of the folded side.

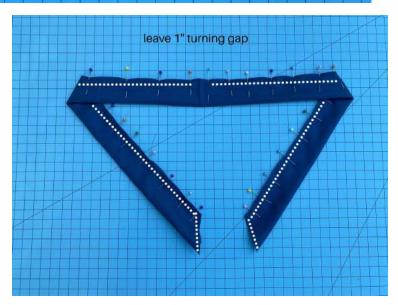


27. Now cut along the crease. You should be going through both layers. Repeat step 25-27 for opposite short end



28. Continue to place pins along the length of the raw edge. Do not place any pins between the first 2 pins at the memory crease in the center. That area will not get sewn together. Create a turning gap beside those pins. Start and stop all stitches with a backstitch.



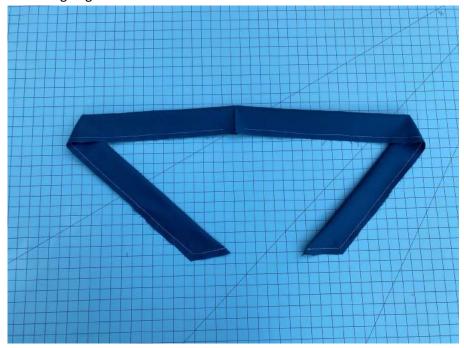


29. With a ¼" seam allowance start with the highest point. Once you get to the bottom of the point you will leave your needle down, lift the presser foot and readjust your fabric. *Do Not Sew Between The 2 Center Pins*

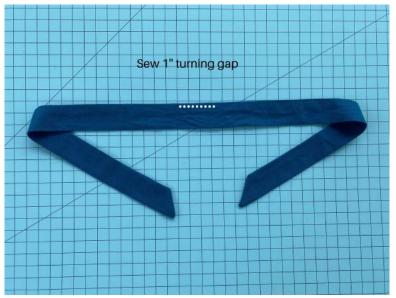




30. Continue sewing along the length of the raw edge. You will need to leave a 1'' turning gap in the center of the long edge.



31. Locate the 1" turning gap you created. Use this gap to turn your long tail bow main right sides out. With right sides showing you will now press flat and pin the turning gap closed. Sew the turning gap closed



33. You may now attach the bow to your scrunchie securely with a knot. You can tug on either side of the scrunchie to reduce volume beneath the knot. Adjust as desired.

